

Acid Reflux HRA v3 Questions



Questions	Potential Answers
Age	
Sex	Male Female
Height	
Weight	
Ethnicity	White African American Hispanic or Latino Asian or Pacific Islander American Indian or Alaska Native Other Unknown/no answer"
Smoking	Never Smoked Quit smoking (more than 1 yr) Quit smoking (less than 1 yr) Smoked within 30 days
Have you been diagnosed with acid reflux disease by a health care professional?	No Yes
Primary care physician	I don't have a primary care physician I have a primary care physician My last check-up was less than 1 year ago My last check-up was 1 to 2 years ago My last check-up was more than 2 years ago N/A (primaryCarePhysician_has = '0')
Burning feeling behind the breastbone (heartburn)	0 Days 1 Day 2 or 3 Days 4 to 7 days
Stomach contents moving up to the throat or mouth (regurgitation)	0 Days 1 Day 2 or 3 Days 4 to 7 days
Pain in the middle of the upper stomach area	0 Days 1 Day 2 or 3 Days 4 to 7 days
Nausea	0 Days 1 Day 2 or 3 Days 4 to 7 days
Trouble getting a good night's sleep because of heartburn or regurgitation	0 Days 1 Day 2 or 3 Days 4 to 7 days
Need for over-the-counter medicine for heartburn or regurgitation, in addition to any medicine your doctor prescribed	0 Days 1 Day 2 or 3 Days 4 to 7 days
Do you have any of these other symptoms? NOTE: diabetes question was removed April 2020	Chest pain not otherwise described Painful or difficulty swallowing Unexplained weightloss (5% or more) None of these
Do you have any of these related issues?	Chronic cough Chronic hoarseness Chronic laryngitis Chronic sore throat None of these
What healthy habits do you use to reduce or prevent your symptoms?	Avoid food and drink that trigger symptoms Consume fewer than 7 alcoholic drinks per week Eat smaller meals throughout the day Avoid eating 2-3 hours before going to bed None of these
How have you changed your diet to reduce or prevent symptoms?	Avoid taking naproxen, ibuprofen or aspirin, unless doctor directed Wear loose-fitting clothing around the abdomen Sleep with head elevated None of these