

Anxiety HRA v3 Questions



Questions	Potential Answers
Age	
Sex	Male Female
Height	
Weight	
Ethnicity	White African American Hispanic or Latino Asian or Pacific Islander American Indian or Alaska Native Other Unknown/no answer (not answered)
Stress	None Slight Moderate Extreme
Primary care physician My last checkup was	I do not have a primary care physician I have a primary care physician (not answered) Less than 1 year ago 1 to 2 years ago More than 2 years ago N/A (primaryCarePhysician_has = '0')
Over the past 2 weeks, how often have you been bothered by feeling nervous, anxious or on edge?	Not at all Several days More than half the days Nearly every day
Over the past 2 weeks, how often have you been bothered by not being able to stop or control worrying?	Not at all Several days More than half the days Nearly every day
Over the past 2 weeks, which of these problems have bothered you on more than half the days?	Worrying too much about different things Becoming easily annoyed or irritable Feeling afraid something awful might happen None of these
Over the past 2 weeks, which of these other problems have bothered you on more than half the days?	Trouble relaxing Being so restless that it is hard to sit still None of these
In the last 4 weeks, have you had a panic attack (suddenly feeling fear or panic)?	Yes No
How difficult have these problems made your daily life?	Not difficult at all Somewhat difficult Very difficult Extremely difficult
Indicate if you have any of these anxiety risk factors.	Family history of anxiety or depression Feelings of guilt, envy, anger Shyness or avoidance of new places, situations and people Fear of criticism Self-critical, feeling incompetent or useless None of these
Did you experience difficulties or trauma during childhood?	Yes No