

Heart Health v3 HRA Questions

Questions	Potential Answers
Age	
Sex	Male
	Female
Height	
Weight	
Ethnicity	White
	African American
	Hispanic
	Asian or Pacific Islander
	American Indian/Alaskan Native
	Other
	Unknown/no answer
Smoking	Never Smoked
	Quit smoking (more than 1 yr)
	Quit smoking (less than 1 yr)
	Smoked within 30 days
Weekly exercise	x minutes of moderate activity
	x minutes of vigorous activity
Stress	None
	Slight
	Moderate
	Extreme
Primary care physician	I don't have a primary care physician
. 1 1	I have a primary care physician
	My last check-up was less than 1 year ago
	My last check-up was 1 to 2 years ago
	My last check-up was more than 2 years ago
	N/A (primaryCarePhysician_has = '0')
Do you have any immediate family diagnosed with early heart disease?	Yes
	No
	I don't know
Have you experienced a transient ischemic attack (TIA or "mini-stroke")?	No
	Yes
Indicate if you have had any of these stroke symptoms	Weak, numb, or drooping hand, tongue, cheek,
	face, arm or leg
(Note: This question was removed from application March 2019)	Difficulty speaking, garbled/slurred speech, or
	inability to speak
	Blurred, doubled, or decreased vision in one or
	both eyes
	None of these
Do you have diabetes?	No diabetes
	Prediabetes
	Diabetes (Type I)
	Diabetes (Type II)
Indicate if you have had any of these heart or blood vessel disease conditions	Heart disease
	Heart attack
	Heart failure
	Stroke or mini-stroke (TIA)
	Angina or chest pain
	Peripheral artery disease

	Blood pressure meds
Indicate which of these medications you are regularly taking	Cholesterol meds
	Diabetes meds
	Other
	None of these
Systolic blood pressure	
	I don't know
Diastolic blood pressure	
	I don't know
Are your cholesterol numbers within the recommended ranges?	Yes
	No
	I don't know

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