Lung Cancer



Lung Cancer HRA

Date: 08-15-2024

Your Result

Screening May Be Recommended

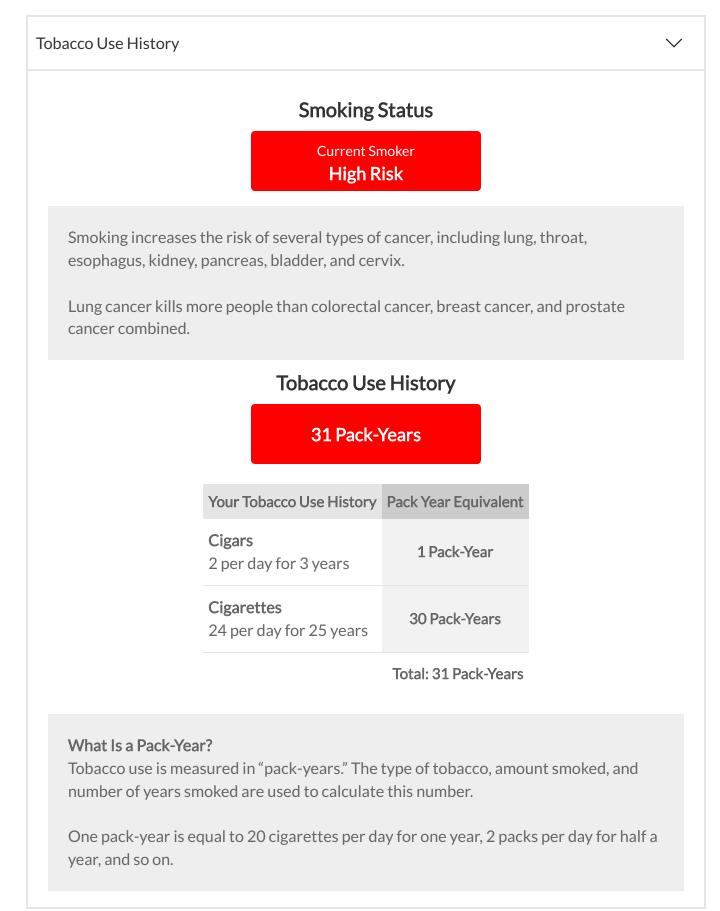
Based on your age and smoking history, annual lung cancer screening may be recommended.

Talk to your doctor about the risks, benefits, and limitations of a lowdose CT scan.

- You have a significant history of tobacco use. The best thing you can do to manage your risk of lung cancer is to stop smoking. Talk to your doctor about plans or therapies to help you quit.
- Besides your smoking history, other lung cancer risk factors increase your risk. Do what you can to avoid future environmental/workplace exposures.

View Your Risk Factors

Open any Risk Factor below to learn more about your risk and what you can change.



Other Lung Cancer Risk Factors

Other Risk Factors	Your Risk
Personal history of smoking-related cancer	Average
Family history of smoking-related cancer	Increased
Chronic obstructive pulmonary disease (COPD)	Average
Pulmonary fibrosis	Average
Radiation therapy to the chest	Average
Environmental exposure	Average
Workplace exposure	Increased

Who's at Risk for Lung Cancer?

Tobacco smoking is the #1 risk factor for lung cancer. It accounts for 80% of lung cancer deaths.

However, people who don't smoke can get lung cancer too. The table to the right lists other risk factors for lung cancer.

Among smokers, having other risk factors may make the chance of developing lung cancer even higher.

The Benefits of Not Smoking

Avoiding smoking lowers the chance of having lung cancer. For people who already have lung cancer, quitting can help lower the risk of having a second cancer.

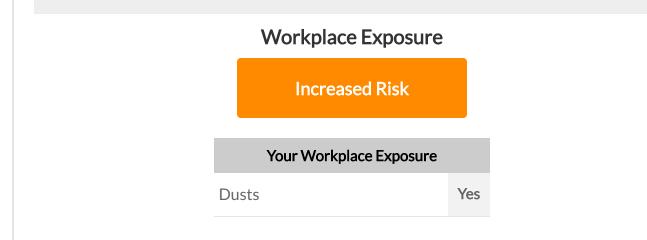
People who are having trouble kicking the habit should talk to a health care professional. Programs and services to quit smoking can help. Medication and other treatments are also available.

Risk From Exposure			\sim
	Environmenta	l	
	Average Risk		
	Your Environmental Exp	oosure	
	Second-hand smoke	No	
	Radon	No	
	Asbestos	No	
	Air pollution	No	

Environmental Exposure

Long-term exposure to smoke, air pollution, radon, or asbestos makes the risk of developing lung cancer go up.

- Second-hand smoke can cause lung cancer in people who don't smoke. The more exposure, the higher the risk. Someone who has lived with a smoker for five years or more is considered a passive smoker.
- Radon is the leading cause of lung cancer in non-smokers.
- Asbestos exposure makes people more likely to die of lung cancer, especially if they smoke.
- Up to 5% of all lung cancer deaths may be caused by air pollution.



Lung Cancer

	Inhaled chemicals/minerals	No	
	Industrial workplace substances	No	
These include:Dusts (for exam	e tain materials can increase the chanc ple: sawdust, metal dust, concrete du als and minerals (such as breathable f	ust)	

Take Your Next Steps

Based on your results, we recommend starting a conversation with a pulmonologist. Let us help you find one.

Help Me Find a Doctor

Take the first step towards a healthier you today. Join our Smoking Cessation Program and receive expert guidance and support.

Enroll Today

NOTICE: Health assessments are based on averages from studies of large groups of people.

Your situation may be different. It is important to discuss your personal situation with your health care provider. This assessment is not intended to replace medical advice from your health care provider, but rather help you set health goals and make healthy lifestyle decisions.

DISCLAIMER

THE INFORMATION CONTAINED IN THE RISK ASSESSMENT IS FOR YOUR PERSONAL USE ONLY. THIS RISK ASSESSMENT WILL NOT PROVIDE YOU WITH A MEDICAL SERVICE; IT WILL NOT DIAGNOSE, CURE, MITIGATE, TREAT, OR PREVENT DISEASE OR OTHER CONDITIONS: AND IT IS NOT INTENDED TO PROVIDE A DETERMINATION OR ASSESSMENT OF YOUR STATE OF HEALTH. ALWAYS CONSULT A LICENSED HEALTH CARE PROFESSIONAL SUCH AS YOUR FAMILY PHYSICIAN OR A SPECIALIST TO MAKE HEALTH CARE DECISIONS OR BEFORE STARTING ANY DIET OR EXERCISE PROGRAM. WE MAKE NO WARRANTIES, EXPRESSED OR IMPLIED, IN CONNECTION WITH THE RISK ASSESSMENT OR THE PERFORMANCE OF THE RISK ASSESSMENT, AND NEITHER THE ASSESSMENT PROVIDER, NOR HEALTHAWARE, WILL BE HELD RESPONSIBLE OR

Lung Cancer

LIABLE FOR ANY COSTS OR DAMAGES RELATED TO USE OF THE RISK ASSESSMENT OR ANY INFORMATION PROVIDED THEREFROM.

Copyright 2024 Unlock Health | All Rights Reserved